



Promoting health and hygiene

HH5 Nappy changing, intimate care and toileting

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Key persons are aware, through contact with parents and carers, about changing times for the young children in their care.
- We encourage young children from two years to wear 'pull ups' or other types of trainer pants when they start potty training and when their parents agree.
- Only qualified preschool practitioners undertake changing young children.
- Children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own drawer with their nappies or 'pull ups', changing wipes and spare clothes if the parent wishes to provide these items.
- We have our own supply of nappies, pull-ups, changing wipes and spare clothing for the children to use if required.
- Gloves and aprons are put on before changing starts and the areas are prepared.

- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, practitioners ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet.
- Young children are encouraged to wash their hands and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Practitioners are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents' before, during and after the child has been changed.
- Practitioners do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the nappy bin within the disabled toileting area in the proper receptacle. The bin is emptied by the service provider hired by the church - Intel Hygiene Services. Any issues regarding this service needs to be reported to the church's Operations Manager. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- Very soft, watery stools are signs of diarrhoea; strict hygiene needs to be carried out in cleaning the changing area to prevent spread of infection. The parent should be called to inform them, and that if any further symptoms occur, they may be required to collect their child.
- Settings have a 'duty of care' towards children's personal needs and children should not be left in soiled nappies.

- Older children use the toilet when needed and are encouraged to be independent.
- Members of staff do not wipe older children's bottoms unless there is a need, or unless the child has asked.
- Only qualified preschool practitioners undertake changing young children if they have an accident.
- Children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Parents are encouraged to provide enough changes of clothes for accidents when children are potty training.
- Spare clothes are kept at the setting and are clean, in good condition and are in a range of appropriate sizes.

This policy was adopted at a meeting of

Little Fishes Pre-School

Held on

11/2/13

Date to be reviewed

Reviewed Spring 2023

Next review Spring Term 2025

Signed on behalf of the management
committee

Vicky Baker – Chairperson

Tracy Parkins - Manager