



Promoting Health and Hygiene

HH4 Care and Treatment of Children with Asthma

Policy statement

Little Fishes Pre-school welcomes all pupils with asthma, recognising that asthma is a condition affecting many children. We will encourage and help children with asthma to participate fully in all aspects of preschool life

Procedures

Asthma Attacks

If a child with asthma becomes breathless and wheezy or coughs continually staff should take the following action:-

- Reassure the child.
- Let the child sit down in the most comfortable position for him/her; do not make them lie down.
- Keep a crowd away from them.
- Let the child use their reliever inhaler (normally blue).
- Wait 5 – 10 minutes.
- If symptoms cease the child can return to their activities.
- If symptoms have improved but not completely disappeared, call the parents/carer and give another dose of the reliever inhaler while waiting for them to arrive.

If the reliever inhaler has no effect then

- Contact an ambulance.
- Contact Parent/Carer.
- Reliever medication may be given continually one puff at a time via a spacer whilst waiting for the ambulance.

- All medication is stored safely in the admin cupboard on the highest shelf which is inaccessible to the children. Where the cupboard is not used solely for storing medicines, they are kept in a marked plastic box in the admin cupboard which is inaccessible to the children.
- Children must have immediate access to their reliever inhaler which the adult will get for them.
- Times and dosages of inhaled medication will be recorded in the medication book by the Manager or key person with parental input as to the dosage and timing of medication. Parental input will be after consultation by them with their GP/nurse.
- A note of the expiry date of the medication will be made in the preschool diary along with a reminder 2 weeks before it expires so that the key person or manager can remind the parent/carer that a new prescription needs to be obtained in order that the medication is always in date.

Physical Activities and Outings

Physical activity should be encouraged for all children. Leaders should be aware of all children with asthma, especially those who suffer from exercise induced asthma. These children need to use their reliever inhalers/Intal inhaler **before** they exercise (refer to asthma card).

Children must have access to their reliever inhalers on all outings.

Education of all Pre-school Staff

All Pre-school staff need to be kept up to date on asthma management. This will be achieved by teaching in regular training sessions.

Staff recognise that children who are diagnosed with asthma may also suffer from eczema, and both these conditions can be more likely to develop food allergies.

Temporary staff will be made aware of the children with asthma and the asthma policy.

Further guidance

- Supporting pupils at school with medical conditions (December 2015)

This policy was adopted at a meeting of

Little Fishes Pre-School

Held on

11/2/13

Date to be reviewed

Reviewed Spring 2023

Next review Spring Term 2025

Signed on behalf of the management
committee

Vicky Baker – Chairperson

Tracy Parkins - Manager
