

# Promoting health and hygiene

# **HH2 Administering medicines**

#### **Policy statement**

While it is not our policy to care for sick children, who should be at home until they are well enough to return to the setting, we will agree to administer medication as part of maintaining their health and well-being or when they are recovering from an illness. We ensure that where medicines are necessary to maintain health of the child, they are given correctly and in accordance with legal requirements. In many cases, it is possible for children's GP's to prescribe medicine that can be taken at home in the morning and evening. As far as possible, administering medicines will only be done where it would be detrimental to the child's health if not given in the setting. If a child has not had a medication before, it is advised that the parent keeps the child at home for the first 48 hours to ensure no adverse effect as well as to give time for the medication to take effect.

The key person is responsible for the correct administration of medication to children for whom they are the key person. This includes ensuring that the Medication Record Book has been completed, that medicines are stored correctly and that records are kept according to procedures. In the absence of the key person, the manager is responsible for the overseeing of administering medication. We notify our insurance provider of all required conditions, as laid out in our insurance policy.

#### **Procedures**

- Children taking prescribed medication must be well enough to attend the setting.
- Only prescribed medication is administered. It must be in-date and prescribed for the current condition.
- Staff who receive the medication, check it is in date and prescribed specifically for the current condition. It must be in the original container (not decanted into a separate bottle). It must be labelled with the child's name and original pharmacist's label if prescribed.

- NB Children's paracetamol (un-prescribed) is not administered.
- Children's prescribed medicines are stored in their original containers, are clearly labelled and are inaccessible to the children.
- Only a person with parental responsibility, or a foster carer may give consent. A childminder, grandparents, partner who does not have parental responsibility, cannot give consent.
- Parents give prior written permission for the administration of medication. The staff receiving the medication must ask the parent to sign the Medication Record Book stating the following information. No medication may be given without these details being provided:
  - full name of child and date of birth;
  - name of medication and strength;
  - who prescribed it;
  - dosage and times to be given in the setting;
  - the method of administration;
  - how the medication should be stored and expiry date;
  - any possible side effects that may be expected should be noted; and
  - signature, printed name of parent and date.

The key person or manager will receive the child's medication and ask the parent to complete the Medication Record form. All staff are aware of this.

- The administration is recorded accurately each time it is given and is signed by staff. Parents sign the record book to acknowledge the administration of a medicine. The medication record book records:
  - name of child;
  - name and strength of medication;
  - name of the doctor that prescribed it;
  - the date and time of dose;
  - dose given and method; and is
  - signed by key person/manager; and is verified by parent signature at the end of the day.
- The administration of medicine is overseen by an additional member of staff and signed by them.
- We use the Early Years Alliance's publication Medication Administration Record (EYA 2019) for recording administration of medicine and comply with the detailed procedures set out in that publication.

## Storage of medicines

- All medication is stored safely in the admin cupboard on the highest shelf which is inaccessible to the children. If medication needs to be refrigerated it will be stored in the fridge in the kitchen which is also inaccessible to the children. Where the cupboard or refrigerator is not used solely for storing medicines, they are kept in a marked plastic box.
- The child's key person is responsible for ensuring medicine is handed back at the end of the day to the parent.
- For some conditions, medication may be kept in the setting. Key persons or the Health & Safety Officer check that any medication held to administer on an as and when required basis, or on a regular basis, is in date and returns any out-of-date medication back to the parent.
- If the administration of prescribed medication requires medical knowledge, individual training is provided for the relevant member of staff by a health professional.
- No child may self-administer. Where children are capable of understanding when they need medication, for example with asthma, they should be encouraged to tell their key person what they need. However, this does not replace staff vigilance in knowing and responding when a child requires medication.

### Children who have long term medical conditions and who may require ongoing medication

- A risk assessment is carried out for each child with long term medical conditions that requires
  ongoing medication. This is the responsibility of the manager alongside the key person. Other
  medical or social care personnel may need to be involved in the risk assessment.
- Parents will also contribute to a risk assessment. They should be shown around the setting,
   understand the routines and activities and point out anything which they think may be a risk factor for their child.
- For some medical conditions key staff will need to have training in a basic understanding of the
  condition as well as how the medication is to be administered correctly. The training needs for staff
  is part of the risk assessment.
- The risk assessment includes vigorous activities and any other nursery activity that may give cause for concern regarding an individual child's health needs.
- The risk assessment includes arrangements for taking medicines on outings and the child's GP's advice is sought if necessary where there are concerns.

- An individual health care plan for the child is drawn up with the parent; outlining the key person's role and what information must be shared with other staff who care for the child.
- The individual health care plan should include the measures to be taken in an emergency.
- The individual health care plan is reviewed every six months or more frequently if necessary. This
  includes reviewing the medication, e.g. changes to the medication or the dosage, any side effects
  noted etc.
- Parents receive a copy of the individual health care plan and each contributor, including the parent, signs it.

## Managing medicines on trips and outings

- If children are going on outings, staff accompanying the children must include the key person for the child with a risk assessment, or another member of staff who is fully informed about the child's needs and/or medication.
- Medication for a child is taken in a container clearly labelled with the child's name, name of the medication, the original pharmacist's label and a copy of the medication record form to record when it has been given with the details as given above.
- If a child on medication has to be taken to hospital, the child's medication is taken in a container clearly labelled with the child's name, name of the medication. Inside the container is a copy of the consent form signed by the parent.
- As a precaution, children should not eat when travelling in vehicles
- This procedure is read alongside the outings procedure.

#### Staff taking medication

Staff taking medication must inform their manager. The medication must be stored securely in staff lockers or a secure area away from the children. The manager must be made aware of any contraindications for the medicine so that they can risk assess and take appropriate action as required.

### **Legal framework**

The Human Medicines Regulations (2012)

This policy was adopted at a meeting of
Held on
Reviewed Spring 2023

Date to be reviewed
Spring Term 2025

Signed on behalf of the management	Tracy Parkins – Manager
committee	Vicky Baker - Chairperson
Name of signatory	
Role of signatory (e.g. chair/owner)	

# Other useful Pre-school Learning Alliance publications

Medication Administration Record (2019)